



**Dufferin Parent Support Network Board of Directors
Meeting Minutes December 10, 2012**

Present: Paula C.(chair) Pat G.(recorder), Barbara H., Kolleen McI, Joan O'B,(guest) Laura L., Phyllis N.

1) Call to Order: 3:30 by Paula C :

2) Additions: No additions

3) Approval of Minutes:

To accept the minutes of November 12, 2012 meeting as presented. No changes required.

M: Paula S: Phyllis

4) Strategic Planning:

a) Spring fundraising event- Laura spoke with Kirstie F. re: speaking at the spring fundraiser and she is willing to work with us on this.

Laura will check with her as to what she might suggest with respect to the topic of motivating youth.

5) Coordinator's Activity Report:

Laura circulated November's activity report for review. The following items were discussed as a group.

a) **Website/ Media-** Discussed that our recent access to website would have skewed the recent stats collected. Going forward, the information will collected will be unique and provide ongoing information on the use of the website. The information can be accessed at any time and will provide reports on monthly activity. Decided that committee will have to review and digest information provided on social media as some aspects are new to some members. Agreed that social media is a helpful resource for sharing DPSN information. Some discussion about the feasibility of DPSN having a Face book page. Definitely a possibility for the future and a great way to keep DPSN in the forefront. Laura feels that a face book page would not take too much time to set up or maintain. Agreed that a Facebook page would be better for our purposes than Twitter (Twitter used by some but not by everyone). Time is needed to digest notes before implementing – would be helpful to implement on a trial basis to see how much time it really takes. Discussion re time management tools like HootSuite that you can preprogram updates to save time.

b) **Ask a Parent:** The November column was submitted but has not been printed yet that we are aware of. Laura will follow up with Richard Vivian re: print date for the November newsletter and if it hasn't been printed yet it could be used for the December column. As a result, Barb can submit her newsletter topic on resolutions for the January newsletter. Discussion as to schedule that has always been followed with respect to timelines for submission to the Banner (to Laura by first week of the month which allows time for review and timely submission to the paper in the third week). Following schedule guarantees that the articles will be ready on time for publication and this has worked well in the past. Topics are covered until March 2013.

c) **Fall/Spring Workshops:**

1) The Healthy Relationship workshop offered by FTP facilitator had 8 people register but attendance dropped off to 0 by the third session. No evaluation forms completed as a result. Participants were contacted in advance to confirm dates etc.

Suggested for next year that our column be used to promote workshops in advance. Facilitator from FTP could write a column prior to the workshop as a way to promote the workshop.

2) Spirited child- Robin and Nina will do

3) How to talk- have had requests for this one, approach Susan W to do this one?

4) Anger management for kids- a CYC from Grand valley has asked for anger management for adults- transportation is an issue in this area so would be helpful to offer workshops in this community. Laura to ask Paula Cornish if she is willing to go to Grand Valley.

5) Health Canada – Paula updated she was contacted by HC re: workshops that they offer on children's product safety. Discussion re DPSN parameters for workshop selection and that this topic does not really fall into our mandate. This may be a better topic for a parenting column or a topic for a face book page. See attachment re fall sched summary with comments

6) Reports

a) **Treasurer-** Community First accounts will be closed at the end of this month. There is a \$3000 -\$4000 balance that will be transitioned to the DPSN account as previously agreed. DPSN bank balance is in good shape at this point. Phyllis will send "Thank you" notes to the Community First Foundation.

Food and Friends (breakfast for learning program) is taking over the Nevada site. The contact will be Anita MacFarlane.

An invoice has not been received from Stacey yet. **Paula** will f/u with Stacey re having final report ready for January 2013.

b) **Fundraising-**Phyllis will review budget application to County by December 20. Paula & Phyllis will attend a United Way event at Tony Rose arena from 5-9pm this Friday night. This is part of a family night presentation.

Barb noted that Canada Post Foundation has announced a call for rfp's in February. We have time to think about what we might want to do for that.

7) **Risk Management:** There is a possibility that we may have to apply for a continuance to maintain our incorporated -nonprofit status. There are Provincial templates available.

Phyllis will look at website to find out more information and what it means for us.

8) New Business :

Triple P Parenting: Paula attended a meeting on Triple P parenting. Those that have used it like it (or most parts of it) . Though research based, the research is less than conclusive for general use of Triple P Levels 1, 2, and 3. Some of the messages from this program are not exactly what we promote so agreed that DPSN would not invest in this program at this time.

The DuCK Parenting Initiatives committee is drafting a proposal to cover facilitator training with the possibility that DPSN could coordinate the training program.

New board members-continue to seek out new board members.

9) **Next meetings:** January 14th. Laura to check with Kolleen re 1pm or 3 pm start time & which is best.

10) **Adjourned:** 5:00 pm