

Online!

Late April Workshops

Spring 2021

Why Is My Child Acting Like This?

Understanding and Defusing Challenging Behaviour

Tuesday, April 20, 7:00–8:00 p.m. + ½ hour Q&A

When children push the limits—or our buttons—throw tantrums, act out, or shut down, parents may struggle to find the most effective way to respond. We'll explore some possible underlying factors behind challenging behaviour to help us form strategies to prevent or decrease them. We'll also discuss how to support our children—and ourselves—and what local resources are available to help.

To register: <https://bit.ly/DPSN-chS21>



Positive Communication to Reduce Conflict and Encourage Cooperation

Thursday, April 29, 7:00–8:00 p.m. + ½ hour Q&A

We are living in stressful times, and tempers and patience can be short. We can lower the tension in our homes through positive communication. Learn strategies to calm everyone down and get them cooperating—even when they don't want to. We'll also discuss ways to get your children talking and really engaging with them.

To register: <https://bit.ly/DPSN-comS21>



Sneak Preview

Save the Dates!

We've got lots of great workshops coming up. Details will be posted on our website (www.dpsn.ca) and on our Facebook page as they're finalized. Here's a sneak preview of some of our upcoming workshops:

- Recognizing and Supporting Your Child's Special Needs—May 20
- Sibling Relationships in Difficult Times—May 26
- Help Your Child Manage Anxiety—May 31
- Best Dads—June 8
- ...and many more!



For more information or to register, please contact:
DPSN at 519-940-8678 or info@dpsn.ca

Free!
Registration
is required.

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